中文題目: 一位慢性蕁麻疹患者服用低劑量 Methotrexate 而得到肺囊蟲肺炎

英文題目: Pneumocystis jirovecii pneumonia induced by low-dose methotrexate in a patient with chronic urticaria

作 者:王勝輝<sup>1</sup>,魏光宇<sup>2</sup>,唐士恩<sup>1</sup>

服務單位:三軍總醫院內科部胸腔內科<sup>1</sup>,三軍總醫院內科部腎臟科<sup>2</sup>

Abstract: Chronic urticaria is characterized by wheals or hives that persists longer than six months. Antihistamines, especially second-general, are mainstay treatment and able to control the disease in majority of patient. Methotrexate (MTX) is an alternative agent in refractory chronic urticarial on the basis of immunomodulatory effect. However, the advert effects or complications of MTX in patient with chronic urticarial are scarcely reported. We present a case of Pneumocystis jirovecii pneumonia (PJP) in a patient with refractory chronic urticaria managed by low-dose weekly MTX treatment (total cumulative dose 195 mg). Our report highlights the importance of providing prompt diagnosis and treatment of PJP in patients with chronic urticaria under MTX therapy.